

When spiritual needs are recognised and responded to as an integral part of person-centred care an essential contribution is made to peoples' health and wellbeing.



Spiritual Health Victoria

Enabling the provision of quality spiritual care as an integral part of all health services in Victoria.

Spiritual care is the provision of assessment, counselling, support and ritual in matters of a person's beliefs, traditions, values and practices enabling the person to access their own spiritual resources.

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Wellbeing is a state of balance or alignment in body, mind and spirit. In this state we feel content; connected to purpose, people and community; peaceful and energised; resilient and safe. In short we are flourishing¹.

¹Earl E. Bakken Centre for Spirituality and Healing, University of Minnesota. Retrieved from <https://www.csh.umn.edu/about-us>