

2018 PROFESSIONAL DEVELOPMENT PROGRAM FOR SPIRITUAL CARE PRACTITIONERS: EDUCATION AND SUPERVISION

The second Wednesday of each month, 9.30am start, from March 2018 – Nov 2018...with a break in July

2018 Date	Venue	Speaker(s) / Roles	Topic
MARCH 14th	Royal Melbourne Hospital	Mary Draper AM , Board Director at Austin Health, immediate past CEO of Health Issues Centre	Understanding Voluntary Assisted Dying Legislation in Victoria
APRIL 11th	Royal Children's Hospital	Cheryl Holmes OAM , CEO, Spiritual Health Victoria	New Directions for Spiritual Care in Victoria: What's the Plan?
May 9th <i>changed because of Spiritual Care Australia Conference</i> MAY 16th	Heidelberg Repatriation Hospital	Richard Mallaby , Coordinator of Transformation Program, Whitley College	Therapeutic Landscapes and Nature in Healing and the Provision of Spiritual Care
JUNE 13th	Baptcare	Arati Vidyasagar , Information Outreach Worker for Seniors Information COTA Victoria	Cross-Cultural Considerations for the Ageing
** JULY BREAK **			
AUGUST 8th	Heidelberg Repatriation Hospital	Jenni Wegener , Clinical Pastoral Educator, Supervisor, Psychotherapist & Counsellor	Resistance in the Pastoral Practitioner during Supervision
SEPTEMBER 12th <i>changed because of ANZACPE Conference</i> SEPTEMBER 5th	Caulfield Hospital	DIALOGUE: Cathy Slarks , Spiritual Care Practitioner at Austin Health Julie Young , Spiritual Care Practitioner at Epworth Rehabilitation	Facilitating Spiritual Care Groups
OCTOBER 10th	Peninsula Health, Frankston	DIALOGUE: Gareth Fuller , Spiritual Care Practitioner at Baptcare, experienced worker with asylum seekers Liz Stilwell , Pastoral Practitioner at RMH	Assessing and Responding to Trauma
NOVEMBER 14th	Mercy Hospital for Women	DIALOGUE: Shirley Nash , ASACPEV Clinical Pastoral Supervisor, Spiritual Care Practitioner Lina Ayoubi , Pastoral Care Coordinator, Islamic Council of Victoria	Healthy Boundaries in Spiritual Care
DECEMBER 12th	TBC	End Of Year Gathering	End of Year Gathering

TOPIC BLURBS and PRESENTER BIOS

Wednesday March 14 2018

TOPIC

“Understanding Voluntary Assisted Dying Legislation in Victoria”

The presentation will outline the Victorian approach to Voluntary Assisted Dying in terms of what the legislation covers and what implementation will likely involve. It will put this in a broader context of improving end of life care. Research suggests that people still want to have as much control as possible over their last days and that their preferences about treatment and dying be respected. People generally want to be able to make the most of the time left, and to spend it in the company of people who matter to them. The role of spiritual care is an important one. Ms. Draper will share what she has learned about implementation from a study tour of two US states and two Canadian provinces.

Mary Draper AM is a board director at Austin Health and immediate past CEO of the Health Issues Centre. She has expertise in academic and practical health administration in quality and safety, providing experience in analysing quality and safety of healthcare from a consumer’s point of view. Ms. Draper served as the chair of the Health Issues Centre prior to serving as CEO until November 2014. Ms. Draper has experience representing consumer perspectives on a range of quality-related national and state-level committees and for seven years was the director of clinical governance at the Royal Women’s Hospital.

Wednesday April 11 2018

TOPIC:

“New Directions for Spiritual Care in Victoria: What’s the Plan?”

Spiritual Health Victoria (SHV) has just launched a new 4 year strategic plan. There have been many factors influencing the ongoing provision of spiritual care in Victoria and nationally. Identifying current and potential opportunities and challenges are all part of the strategic planning process. What lies ahead for us at SHV in our new relationship with Safer Care Victoria and how might our new directions shape the practice and place of spiritual care in Victoria? This presentation will outline what we see ahead for spiritual care and invite participants to contribute to planning for our future together.

Cheryl Holmes, OAM, BAppSci, DipPastMin, Grad Cert, MAppSocSci

Cheryl has been the Chief Executive Officer for Spiritual Health Victoria since 2002. She has had extensive training and professional experience in healthcare, spiritual care and organisational change and management. She completed a Masters in 2014 focused on management & leadership and commenced a PhD in 2016 at La Trobe University, Melbourne, Australia, exploring the narratives shaping spiritual care in public hospitals. Cheryl was the inaugural National President of Spiritual Care Australia and was awarded an Order of Australia Medal for her spiritual care roles in the health sector on Australia Day 2015.

~~May 9 2018~~

(Changed to following week because of SCA National Conference Dates)

Wednesday May 16 2018

TOPIC

“Therapeutic Landscapes and Nature in Healing and the Provision of Spiritual Care”

Therapeutic and natural landscapes are being incorporated into the physical care of patients and clients within hospitals, rehabilitation and aged care facilities. Memory, sensory, reflective and water gardens, and more generally green and natural environments, benefit the elderly and dementia patients, as well as those recovering from acquired brain and general injuries, illness and surgery. Therapeutic landscapes enhance the provision of spiritual care and healing: inviting a greater awareness of place and belonging, offering perspective through the experience of wonder, and encouraging a sense of calm and peace amidst discomfort, pain and loss. Encounters within the natural world draw clients to reflect upon the nature and relationship they have with the creative life force that intrinsically indwells the natural world. Spiritual care workers and health providers in general can access therapeutic and natural landscapes to aid in the provision of care. Being involved in gardening tasks, walking or sitting within green space, or even viewing a natural landscape through a window, prompts storytelling and recollection, alongside the desire to share feelings and emotions. Such opportunities enrich quality of life and offer a holistic approach to health, healing and wellbeing.

Richard Mallaby is the coordinator of TransFormation, a training program provided by the Baptist Union of Victoria and Whitley College for pastors and lay leaders of LOTE churches. He has been involved in pastoral ministry, ministry formation and community development for more than thirty years and holds degrees in agriculture and divinity, a master in environmental science, and a doctorate in eco-theology entitled “Children in the Natural World: a theological reflection upon encounter and wonder”. He is married with 3 adult children and one grandchild.

Wednesday June 13 2018

TOPIC

“Cross-Cultural Considerations on the Ageing”

In our multicultural society, we need to ensure we can meet the needs of older people from the many ethnic communities that now call Australia home. This session will offer participants the opportunity to reflect on their practices, and develop strategies to improve their interaction with older people from culturally and linguistically diverse (CALD) communities.

We will look at:

- why cultural 'competency' is not enough*
- increasing understanding on issues of stigma and cultural expectations*
- communication skills and gendered cross-cultural sensitivity*
- providing information in a language that older people can understand*
- the need to respect older people's religious and/or spiritual beliefs and values.*

Arati Vidyasagar is the Information Outreach Worker Victoria for Seniors Information (COTA) Victoria. She has worked for many years in community development in various capacities and always in diverse and disadvantaged communities. Arati's experience includes community legal education, advocacy to women in prison, policy development, training and advocacy. Arati holds a Bachelor of Law.

***** JULY BREAK *****

Wednesday August 8 2018

TOPIC

"Resistance in the Pastoral Practitioner during Supervision"

Jenni Wegener has worked for over 25 years in health care as a chaplain, pastoral counsellor, educator, supervisor and manager and prior to this worked in schools, parish & community settings. In these roles, as well as in her own life, Jenni became increasingly aware of the impact of our shared and yet deeply personal human search for meaning and understanding. As we face the challenges of living authentically in our worlds, the accepting companionship of another who empathically hears what it means to be us, provides a space where liberation from the thoughts, behaviours and emotions that bind us can be discovered. Jenni has a Bachelor's of Theology and a Masters in Creative Arts Therapy, Specialist Couples Therapy training with Relationships Australia, and numerous professional development programs that continue to enrich her practice.

~~September 12 2018~~

(Changed to previous week because of ASACPEV Conference Dates)

Wednesday September 5 2018

TOPIC

“Facilitating Spiritual Care Groups”

Group work offers participants the opportunity to be supported by the spiritual care practitioner and by others who may have a shared experience. While affirming personhood, group work allows for growth by challenging preconceived ideas and beliefs that may no longer be helpful. Hearing another’s story also offers the opportunity to view one’s own narrative differently and name what is truly meaningful. Through this process of listening carefully to patient needs, group programs were developed reflecting the contemporary need of the patients. Universal themes emerge repeatedly which are fundamental to the experience of every human being and may include issues that relate to forgiveness, hope, loss and grief. Cath and Julie will share with you how they developed their group themes and their personal experience with group dynamics and working within a hospital setting.

Cath Slarks is a creative Spiritual Care Practitioner, drawing on her transpersonal art therapy training to engage patients in spiritual conversation. These interactions are centred on how people make meaning, find purpose, belonging and connection in life; recognising that spirituality is a personal journey. Working in the PTRS in-patient unit at Austin Repatriation Hospital, Cath facilitates groups for defence force and emergency services patients suffering PTSD. Cath is currently completing postgraduate studies in Divinity at Whitley College.

Julie Young is a Spiritual Care Practitioner who has been in a private counselling practice for 19 years. Consecutively, Julie has been working in a Pastoral Care role for Epworth Private Hospital for over 10 years and is currently working at Epworth Rehabilitation and Epworth Clinic. She works within the rehabilitation sector across the two sites pastorally caring for patients impacted by road trauma and various elective post-surgery recovery. Within the Mental Health Clinic she is running a weekly Spiritual Space group for the patients. Previous to this Julie worked in the Oncology ward in a pastoral capacity.

Wednesday October 10 2018

TOPIC

“Assessing and Responding to Trauma”

As Liz’s gran used to say, “Better an empty house than a bad tenant”. As spiritual carers, we often encounter people who have experienced major trauma or simply significant trauma from 'normal' life events. Let's consider the definition and recognition of trauma in patients we encounter, the question of stepping in or referring on, and some practical guidelines for gently assisting in trauma relief. These presentations will take a narrative approach, including the insight

of poetry, to explore approaches to coming alongside the traumatised person in a way that doesn't re-traumatise but rather reminds the person of a time without trauma.

Gareth Fuller is the Spiritual Care worker at Baptcare Sanctuary providing care for 80 male asylum seekers across 2 houses in Preston and Brunswick. His work involves daily interaction with residents experiencing the impact of trauma and dislocation from family and home. The spiritual care offered includes one on one contact as well as invitation to wellbeing activities such as art, bushwalking and shared meals. Gareth was previously with The Salvation Army for 14 years as the live-in manager of a community house and as Chaplain to the Army's Social Housing and Support program (SASHS).

Liz Stilwell has a NZ background of Occupational Therapy in Psychiatry, Private practice of over 20 years as a Clinical Hypnotherapist & Master Practitioner of NLP and moved to Melbourne as Group leader for the Gawler Foundation. As a Pastoral Carer she works for SCCV Newport, CHC Bethlehem and RMH, plus private counselling.

Wednesday November 10 2018

TOPIC

"Healthy Boundaries in Spiritual Care"

Professional competence and personal well-being are essential when working in a Spiritual Care role. Maintaining healthy boundaries enables both. In this session Lina and Shirley will speak about their experiences working with boundaries as well as ways to identify and explore issues. Then we will all workshop some case studies relating to healthy boundaries in Spiritual Care.

Shirley Nash has held a range of professional roles and responsibilities, including Primary School teaching, HR (involving Staff Development and Recruitment), and Case Management for disadvantaged job seekers. Recently Shirley was Anglican Chaplain at the Royal Children's Hospital (RCH) for 7 years and a CPE Supervisor over 10 years. During this time, Shirley valued the collegiality offered by Chaplains Professional Development. Her interest in ethics was rekindled when she participated in Ethics Committee conversations at RCH; and finds that CPE units are always lively when ethical issues arise. Shirley is now semi-retired, enjoys gardening, travel and the life grandchildren offer, and all that Supervision offers, including through CPE, individual supervision and during the PD Program.

Lina Ayoubi is the Hospital and Prison Pastoral Care Coordinator, Women's Support Officer and interfaith/multicultural representative at the Islamic Council of Victoria. She is also Executive Officer for Women and Family issues, Board of Imams Victoria. Lina recently established BOIV Women and Family Relationships Centre BOIV WFRC. She is an experienced educator on Islamic practices and spirituality, especially in health-related contexts. Lina has a background in electrical engineering and has a BA in international studies. She is a Member of SCA, and has been an SCA (Vic) Executive since 2014. Lina has also been a Member of MCCA Advisory committee since 2017